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Minot Family YMCA Monthly Newsletter

## Summer is almost over!

Ahhh August. The weather is warm, the summer activities are winding down, kids are going back to school, and the Y is as busy as ever! Registrations are (or will be) out for our fall programs and we will start to see an influx of people returning from their summer getaways soon! We have many programs and activities planned for the fall so stay tuned!



## WHAT'S NEW?

### YMCA Night at the Sabre Dogs Game



Come support us at the Sabre Dogs game on August 4th at 7:05PM. If you buy your tickets online using the promo code YMCA we will receive \$3 of your \$7 general admission tickets! That's HUGE for a non-profit like us! We will also be receiving the profits from the 50/50 raffle they will do that evening!

We are so excited for this awesome fundraising opportunity that that we even held a drawing to throw the first pitch at the game! The winner will be contacted and announced later today via Facebook Live and other social media!

[GET TICKETS](#)

### Annual Pool Maintenance



Our annual pool maintenance is scheduled for August 18 - September 3. During this time the pool will be closed. We will be doing some much needed updating, cleaning, etc. We aim to reopen the pool on September 4.

### A Time to Explore



For children, a preschool should be a happy and safe place for exploring and discovering new things every day. Our goal is to provide a well rounded environment while encouraging a healthy mind, body, and spirit. Your child's first learning experience should be the most positive, and exciting experience possible. The YMCA is just the place for your child to begin a lifetime of positive leaning.

#### Little Learners

This program emphasizes communication, cognitive, motor, social, and emotional skills, and fine arts, along with a swim lesson. Meets two days a week. The child must be three years old by August 1st of the current year and no older than age four to enroll. The child must be Potty Trained.

Ages: 3-4  
Time: T&Th 9:15AM-11:30AM  
Fees: \$35 deposit (non-refundable)  
Members: \$90 per month  
Non-Members \$140 per month

#### Pre-K

This program emphasizes on communication, social, and emotional skills, motor skills and fine arts, along with a swim lesson. Meets three days a week. The child must be four years old by August 1st of the current year and no older than age five to enroll.

Ages: 4-5



### UPCOMING EVENTS Preschool Registration

#### May 1-Oct 1, 2018

Register at the service desk for one of our two preschool classes:

#### Little Learners

Ages: 3-4

Time: T&Th 9:15AM-11:30AM

#### Pre-K

Ages: 4-5

Time: M,W,F 9:15AM-11:30AM

[PRINT REGISTRATION](#)

### Flag Football Registration July 30-Aug 31, 2018

Register your 1-2nd grader for flag football! Season starts September 15 and goes until October 13.

[REGISTER](#)

### Adult 5-on-5 Basketball July 31 - Sept 17, 2018

At the Y, our 5 on 5 recreational basketball league is all about having fun and meeting new people! Season is Sept 25-Nov 30.

[REGISTER](#)

### Summer Unplugged Roosevelt Zoo & You August 1, 2018

Bring those kiddos to the Y if you are interested in a fun day inspired by the zoo! That's right! We are partnering up with the Roosevelt Park Zoo! Stay tuned for more information closer to the date!

[MORE INFO](#)

### YMCA Night at the Sabre Dogs game Aug 4, 2018

Join us at Corbett Field at 7:05PM for YMCA Night at the Sabre Dogs game. Buy your tickets online below using the Promo Code YMCA for us to receive \$3 from every \$7 General Admission ticket. We will also receive the profits from the 50/50 raffle that night!

[REGISTER](#)

### Summer Unplugged Water Works Aug 8, 2018

Let's end the summer with a SPLASH! Come to the YMCA Sports Field on the South side of the facility and cool off with some water fun and games in the August heat!

[MORE INFO](#)

### Fall I Swim Lesson Registration Aug 13-Aug 31, 2018

Register for swim lessons for all ages!! Lessons will take place Sept 3—Oct 6

[REGISTER](#)

### Annual Pool Maintenance Aug 18-Sept 3, 2018

The pool will be closed starting August 20th for annual maintenance. Please be aware of these dates and plan your schedule and workout accordingly.

Time: M,W,F 9:15AM-11:30AM  
Fees: \$35 deposit (non-refundable)  
Members: \$125 per month  
Non-Members \$200 per month

[PRINT REGISTRATION](#)

# WE'RE UNDER CONSTRUCTION

## FACILITY UPDATES

Refinishing Wood Flooring  
Annual Pool Maintenance  
Refinishing Window Frames



## Upcoming Annual Maintenance

All maintenance is subject to change but we do hope to be done earlier than listed.  
We will keep you updated with any additional information.

### North Gym & Racquetball Courts 1 & 2 Window Frames

**August 6-13**

We will be resurfacing our wood floors in our North Gym & 2 of our racquetball courts. We will also be refinishing window frames around the facility. If you are sensitive to smells we advise you refrain from using the facility during this time.

### North Gym Racquetball Court 3 Preschool & Daycare Fitness Room

**August 14-21**

We will be resurfacing our wood floors in our South Gym, 1 racquetball courts, fitness room, preschool, & daycare room. If you are sensitive to strong smells we advise to refrain from using the facility during this time.

### Pool Deck Hot Tub August 18-Sept 3

As we stated above, our annual pool maintenance is scheduled for August 18 - September 3. During this time the pool will be closed. We will be doing some maintenance and updating, deep cleaning, etc. We are aiming to reopen the pool area on September 4.



## Are you ready for something new?

Watch the September Newsletter & Social Media for updates on something exciting that is happening here!

We have exciting building updates that will begin happening in September! As with most updates...that means some minor inconveniences, BUT DON'T FRET because everything will still be available! However, the routes to get where you need to be might be altered. Stay tuned for more information to come up within the next month or so!

Want to be featured  
in our next newsletter?

[EMAIL US](#)

Be featured in **Member Spotlight** or get all your fitness questions answered in our **Ask the Trainer** column!



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